

A VERY LONG LIFE

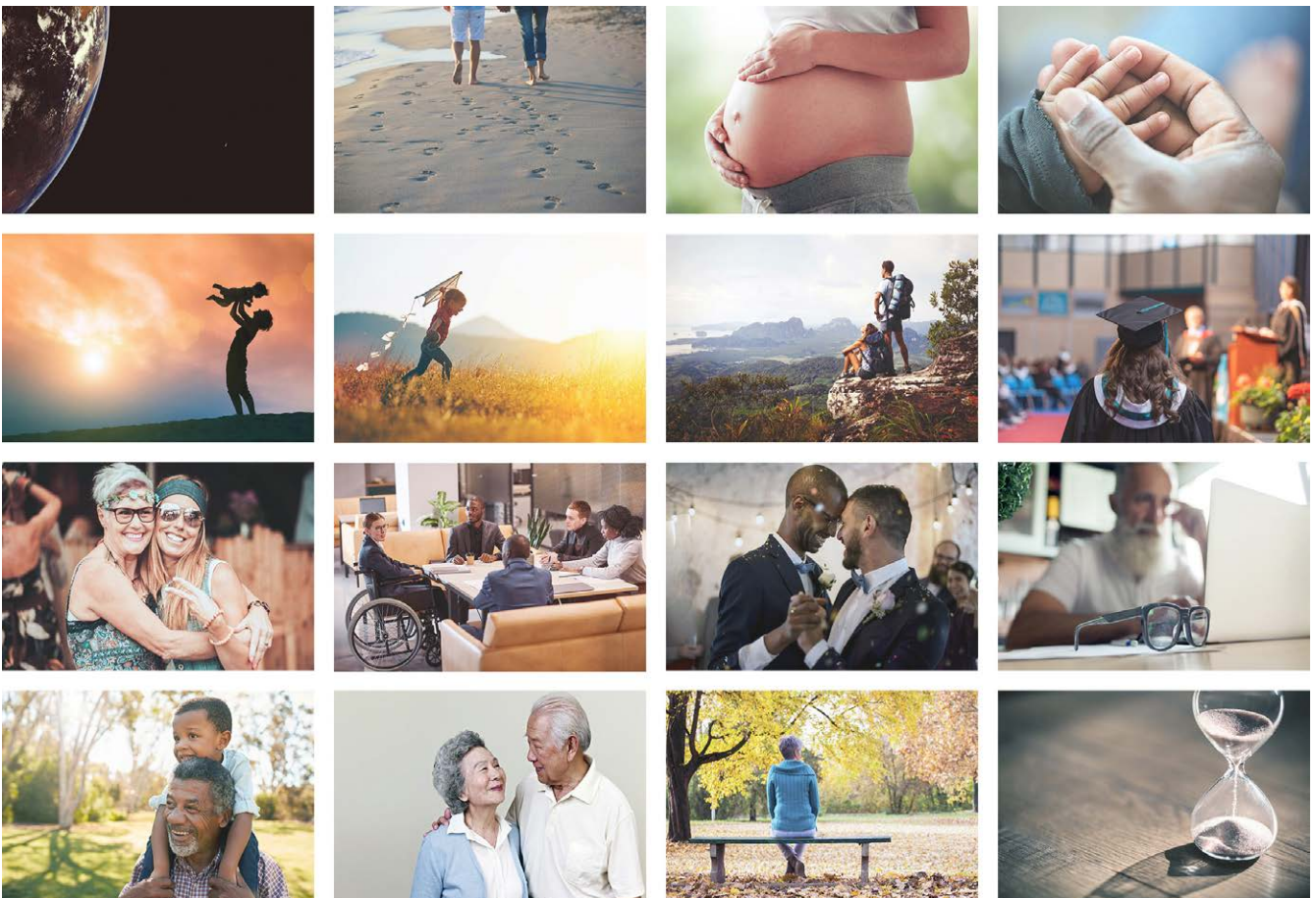
A documentary about longevity
and new narratives of aging

SYNOPSIS

A Very Long Life is a feature documentary about longevity and emerging new narratives of aging. Never before have so many of us lived for so long. What changes can we expect in terms of our health, education, work, finances, relationships and self-image? Will longevity add more years to all stages of life?

A Very Long Life is also about setting the stage for new narratives of aging. Ageism is so pervasive in our culture that many of us are not even aware of it, much less understand how oppressive it is. Why is it important to have realistic perceptions about aging, and how can a positive outlook help us to live longer?

The difficulties that come with old age are real. To guarantee a comfortable life in our later years, most of us will need to work longer and save more money. Are we ready for this? Will longevity increase the social inequality that plagues our society or help us transcend our differences and focus on our common humanity?



A Very Long Life is a feature documentary about the transformations that longevity will bring upon us. It's currently in production and is set to premiere in film festivals in 2025.

ABOUT THE INTERVIEWEES

A Very Long Life will feature eight extraordinary thinkers sharing complementary views on the challenges and opportunities of longevity, as well as the emergence of new narratives of aging.



Ken Dychtwald: gerontologist, psychologist, educator, entrepreneur, lecturer, and consultant on aging-related issues. Author of sixteen books, including *Age Power and A New Purpose*.

Teaser from Ken's interview: <https://vimeo.com/819933081>



Bill Thomas: geriatrician. Author of numerous books exploring the terrain of human aging. Among the 12 most influential Americans shaping aging in the 21st century, according to the Wall Street Journal.

Teaser from Bill's interview: <https://vimeo.com/821892353>



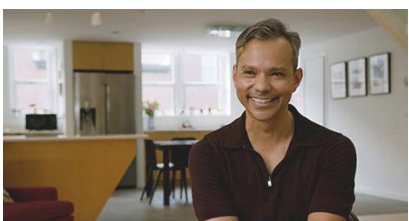
Ashton Applewhite: speaker and activist. Author of *This Chair Rocks: A Manifesto Against Ageism*. Recognized by the NYT, NPR and the American Society on Aging as an expert on ageism.

Teaser from Ashton's interview: <https://vimeo.com/821892547>



Nell Painter: historian, author, artist. After retiring from teaching at Princeton University, became a visual artist. Author of *The History of White People and Old in Art School - A Memoir of Starting Over*.

Teaser from Nell's interview: <https://vimeo.com/844324234>



Ernest Gonzales: associate professor at NYU's Silver School of Social Work and director of its Center for Health and Aging Innovation. Researcher on productive aging, mental health and discrimination.

Teaser from Ernest's interview: (available soon)



Laura Carstensen: professor of Psychology and Public Policy at Stanford University. She is also the founding director of the Stanford Center on Longevity. Author of *A Long Bright Future*.

Teaser from Laura's interview: (available soon)

ABOUT THE INTERVIEWEES - CONT.



Jennie Chin Hansen: Health Care Advocate, past CEO of the American Geriatrics Society and former President of the 38 million member AARP, a position she held during the development of the Affordable Care Act. Teaser from Jennie's interview: (available soon)



Fernando Torres-Gil: professor of Social Welfare and Public Policy at UCLA. Leading spokesperson on demographics, aging, and social policy, having served under Presidents Jimmy Carter, Bill Clinton and Barack Obama. Teaser from Fernando's interview: (available soon)

ABOUT THE PRODUCTION

A Very Long Life is an independent Brazilian-American coproduction, financed by corporate sponsors using tax credits in Brazil, under the supervision of ANCINE (Brazil's Film Agency). The filmmakers have total administrative and creative control over the project. Distribution to a global audience will make use of all available platforms, including cinema, TV and streaming. The documentary is set to be 90-minutes long and premiere in film festivals in the second semester of 2025.



"Longevity is humanity's new frontier and we are the pathfinders."

- Ken Dychtwald

"Anti-aging equals anti-living."

- Ashton Applewhite

"Longevity is not a story about old age. It's a story about long lives."

- Laura Carstensen

"Aging is a team sport."

- Bill Thomas

ABOUT THE FILMMAKERS

Producer: Molly McBride is an Emmy and Telly award-winning media producer, content developer and creative consultant. Her documentary and educational film work spans a gamut from ethnographic studies in Latin America and West Africa, portraits of classical musicians to projects on the impact of music in developing communities. In the last few years she has also created major interactive media installations for museum exhibitions in the US and abroad. For more information, visit www.sathyaproductions.com.

Directors: For over 20 years Fernando and Paulo Schultz lived in the US, where they graduated from film school and began their careers. Back in their home-country, Brazil, they founded Catalisadora Audiovisual, a production company focused on stories about individual and collective transformation. Over the years the two brothers have developed a particular talent for executing projects with complex, profound themes while maintaining an approachable, often poetic, perspective. For more information, visit www.catalisadora.com.br.

For more information, please contact Molly McBride / mollydmcbride@gmail.com / +1 (718) 504-3963



The film crew of *A Very Long Life* takes a photo with Dr. Bill Thomas (sitting next to his wife Judy), after the interview. From left to right: Danilo Mantovani (DP), co-directors Fernando and Paulo Schultz and producer Molly McBride.